

MISD 2020 Summer Feeding Special Diet Menu

No Dairy, soft food. And Other - No Dairy, soft food, no peas, no corn

Breakfast – 2 packs of oatmeal, juice box

Lunch –

- Monday - Chicken Nuggets (5 pieces), BBQ sauce, Soft vegetables, Fruit Cup
- Tuesday – Diced Chicken (3 oz), dinner roll (1 each), Soft vegetables, Fruit Cup
- Wednesday – Rotini with meat sauce, Soft vegetables, Fruit Cup
- Thursday – Chicken Tender (3 pieces), BBQ sauce, Soft vegetables, Fruit Cup
- Friday – Taco Meat, 6” soft tortilla shell, Salsa, Fruit Cup
- Saturday – Turkey Ham or Turkey Breast on Sub Bun (no cheese), Soft vegetables, Fruit Cup
- Sunday – Chicken Patty or Beef Patty on Bun, BBQ sauce, Soft vegetables, Fruit Cup

Egg, Milk, & Soy Allergy. Grape & Apple Juice Only.

Breakfast – 2 packs of oatmeal, juice box

Lunch –

- Monday: Deli Turkey, ultragrain tortilla, fresh veg, fruit cup
- Tuesday – Diced Chicken (3 oz), ultragrain tortilla (1 each), fresh vegetables, fruit Cup
- Wednesday – Diced Turkey, ultragrain tortilla, fresh vegetables, fruit Cup
- Thursday – Deli Turkey Ham, ultragrain tortilla, fresh vegetables, fruit Cup
- Friday – Deli Turkey, ultragrain tortilla, fresh veg, fruit cup
- Saturday – Diced Chicken (3 oz), ultragrain tortilla (1 each), fresh vegetables, fruit Cup
- Sunday – Diced Turkey, ultragrain tortilla, fresh vegetables, fruit Cup

No Citrus fruit and vegetables (No oranges, pineapples, tomato. No Juice. No Whole apple, pears, grapes. No Cake, candies, honey, Chocolate). White milk only. Soft Fruit and Veg.

Breakfast – 2 packs of oatmeal, juice box

Lunch -

- Monday: Deli Turkey, sub bun, fresh veg, fruit cup, ranch
- Tuesday – Diced Chicken (3 oz), dinner roll (1 each), fresh vegetables, fruit Cup, ranch
- Wednesday – Mini Meatball, dinner roll, fresh vegetables, fruit Cup, ranch
- Thursday – Deli Turkey Ham, sub bun, fresh vegetables, fruit Cup, ranch
- Friday – Deli Turkey, sub bun, fresh veg, fruit cup, ranch
- Saturday – Diced Chicken (3 oz), dinner roll (1 each), fresh vegetables, fruit Cup, ranch
- Sunday – Mini Meatball, dinner roll, fresh vegetables, fruit Cup, ranch

– Allergic to peanuts, tree nut, seafood, Eggs (may eat baked good with egg ingredients), Corn(corn syrup, corn gluten are allowed per Dr. notes)

Breakfast – 2 packs of oatmeal, juice box

Lunch -

- Monday - Chicken Nuggets (5 pieces), BBQ sauce, fresh vegetables, Fruit Cup
- Tuesday – Diced Chicken (3 oz), dinner roll (1 each), fresh vegetables, fruit Cup
- Wednesday – Mini Meatball, dinner roll, fresh vegetables, fruit Cup, ranch
- Thursday – Chicken Tender (3 pieces), BBQ sauce, Soft vegetables, Fruit Cup
- Friday – Deli Turkey, sub bun, fresh veg, fruit cup, ranch
- Saturday – Diced Chicken (3 oz), dinner roll (1 each), fresh vegetables, fruit Cup, ranch
- Sunday – Mini Meatball, dinner roll, fresh vegetables, fruit Cup, ranch